

<u>TIME</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>TIME</u>	<u>Saturday</u>	<u>Sunday</u>
5:45 AM	SpoXe Jacqui	Muscle Inferno Traci		The WorX Jacqui	SpoXe Traci	7:00AM	SpoXe Roz	<p><i>The Sunday Special 8:30AM-930AM</i></p> <p><i>Starting March 11th 2012</i></p>
8:30 AM	Hi/Lo Jacqui	Step WorX *Jacqui*	Core & More Patty	Priceless Bodies Michelle T.	Muscle Inferno Michelle T.	8:00AM	Priceless Bodies Roz	
9:30 AM	Priceless Bodies Jacqui	SpoXe *Jacqui*	Muscle Inferno Kim	SpoXe Traci	Cardio Kick Michelle T.	9:00AM	Camp Cardio Jacqui	
		Pure Pilates Classic Mat Katy		Cardio Flow Katy			SpoXe Traci	
						10:00AM	Muscle Inferno Jacqui	
						11:15AM	Orient Xpress Jacqui	
10:30 AM	Stretch & Strength Katy	HeX Yoga Katy	KiX & Core Kim	Stretch & Strength Katy	Restorative Yoga Katy	<p>Orient Xpress Spend time with a TEN X trainer and learn how to get the most out of your membership.</p>		
4:30 PM	HeX Yoga Patty	Pure Pilates Classic Mat Katy		Tread & Sculpt Roz	*New Class* or *New Instructor* or *New Time*	<p>The Sunday Special 8:30 – 9:30 am</p>		
5:30 PM	Cardio Plus Jacqui	BODY PUMP *Alesia*	Muscle Inferno Paola	SpoXe -Roz		<p>3/11 Booty BootCamp w/Christina 3/18 Cruise & Curl w/Sara 3/25 BellyDance w/Soraya 4/1 Zumba w/Irina 4/8 Holiday Hi-lo w/Kim 4/15 Kick & Core w/Carol 4/22 Cardio Xtreme w/Ruth</p>		
6:30 PM	Step-Kim	BootCamp *Alesia*	ZUMBA Irina	Muscle Inferno Roz		<p>Be sure to get a 24hr pass at the desk!</p>		
7:30PM			Yoga Katy					